

Short Biography

Dr. Kazuomi Kario, MD, PhD, FACC, FAHA, FESC

Professor and Chairman of Department of Medicine, Division of Cardiovascular Medicine, Jichi Medical University School of Medicine, Japan. He is serving as the President of the Japanese Society of Hypertension and the Editor-in-Chief of Hypertension Research. He is also a secretary general of the International Society of Hypertension. He founded the Hypertension Cardiovascular Outcome Prevention and Evidence in Asia (HOPE Asia Network) in 2018. Professor Kario has developed several BP monitoring devices and led many clinical studies as the principal investigator, including the Japan Morning Surge-Home BP (J-HOP); Japan Ambulatory BP Monitoring (JAMP); Cardiovascular Prognostic Coupling study in Japan (COUPLING Japan); and Wrist ICT-based Sleep and Circadian BP Monitoring Program–Night BP Study (WISDOM–Night). Professor Kario is an editorial board member of 10 or more international journals including Hypertension and Journal of Hypertension. He has published more than 1000 academic papers during his career.